HEALTHY AND SAFE FOOD POLICY

INTRODUCTION

St Joseph’s School is a place of learning. A healthy diet is an important part of maintaining the Students ability to learn. As such, the provision of healthy eating options for the students at school and school events needs to be considered. Attention also needs to be focused on specific dietary requirements and the existence of Allergies amongst the student body.

RATIONALE

MISSION STATEMENT

“St Joseph’s School offers an holistic education within a Catholic Christian ethos whilst developing and valuing the uniqueness of the individual as we encourage each student to become a life long learner.”

As such the school will support the students in developing healthy eating habits.

MERCY VALUES

Respect for Human Kind, Dignity, Mercy and Justice, Service, Compassion and Option for the Poor.

DEFINITIONS

Provision of foods can be organised into 5 categories:

1. Tuck-shop (the provision of food by volunteers)
2. Food prepared at the School (Special Events ANZAC day, Shrove Tuesday etc)
3. Donations and purchase of food and food products (Provision for treats by teachers, Celebration of birthdays)
4. Supply of food to children in need (students attending school with unsatisfactory provision of food)
5. Food prepared and served at school events (Sports Days, Awards Night)

POLICY STATEMENT

Through this policy the school aims to ensure that the provision of food at all school events is of a satisfactory standard, students are educated to make dietary choices that support health and that students with particular dietary requirements are supported.

CONSEQUENCES.

- The school tuck shops will promote the provision of nutritious foods consistent with the ‘Dietary Guidelines for Children and Adolescents – 1995” and 'Smart
• Coordinators/committees will ensure that all foods served comply with accepted safe and healthy foods guidelines and standards of hygiene.
• Students suffering food allergies will be identified. Action plans for treatment of these allergies will be developed.
• Where necessary changes will be made to current practice to ensure the safety of all students.

Michael McCarthy                  Chris Haynes
Principal                        Board Chairman